



FREE ON-SITE HEALTH CHECKUPS

Sign Up Today:

www.TimeConfirm.com/

Please schedule an appointment in advance using the above web address.

Why Participate?

Know your health status related to diabetes, heart disease and stroke. Lab-accurate results are produced in minutes. Review your results via secure video link with a board certified Nurse Practitioner and develop a personal action plan.

It's Free

Your preventive care is covered at 100%. No out-of-pocket copays or coinsurance. Please bring your insurance card to your appointment.

It's Private

Your personal results are not shared with your employer. However, with your permission your results are sent securely to your Primary Care Provider.

It's Easy

Choose a time that works for you. The checkup requires approximately 45 minutes and is available at or near where you work.

Included in Each Checkup

- Total Cholesterol
- HDL
- LDL
- Triglycerides
- Glucose
- A1c (for known diabetics)
- ALT and AST (Liver Tests)
- Abdominal Circumference
- BMI (height/weight)
- One-on-One Video Consult with Nurse Practitioner
- Access to a Secure Patient Portal to view:
 - Comprehensive Personal Health Report
 - Personal Action Plan
 - History of Past Results



DATE: January 22 & 23

TIME: 7am – 2pm

LOCATION: Wilson Hall, Hornet's Nest 8XO

DATE: January 27, 28, 29

TIME: 7am – 2pm

LOCATION: Training Center

Free Fermilab tote bags to all participants!

Hosted by the Fermilab Wellness Office, Fermilab Women's Initiative LRG

Catapult
HEALTH